“Liberated relationships are one of the ways we actually create
Abundant justice, they understand that there is enough attention, care, resource, and connection
for all of us to access belonging, to be in our dignity, and to be safe in community”

We will not cancel us. But we must earn our place on this earth.

We will tell each other we hurt people, and who. We will tell each other why, and who hurt us
and how. We will tell each other what we will do to heal ourselves, and heal the wounds in our
wake. We will be accountable, rigorous in our accountability, all of us unlearning, all of us
crawling towards dignity. We will learn to set and hold boundaries, communicate without
manipulation, give and receive consent, ask for help, love our shadows without letting them rule
our relationships, and remember we are of earth, of miracle, of a whole, of a massive river –
love, life, life, love.

Each of us is precious. We, together, must break every cycle that makes us forget this.